Diagnosing & Treating Sleep Disorders

Free webinar presented by Sharp Grossmont Hospital

Thursday, October 24, 2024
6:00 to 7:30 p.m.

Sleep is crucial for maintaining good health and well-being throughout your life. If you're having trouble with your sleep, attend our free webinar. Sharp Grossmont Hospital offers the only comprehensive sleep center in the region for evaluating, treating, and managing sleep disorders, to help you achieve healthy sleep.

The webinar will be led by Sharp affiliated physicians Dr. Pegah Mashayekhi, board-certified in sleep medicine, and Dr. Omid Moshtaghi, ENT (ears, nose, throat or otolaryngology). You'll gain insights into various sleep disorders, learn how sleep studies are conducted, and explore treatment options, including a new advanced therapy for obstructive sleep apnea called *Inspire*. This innovative treatment works within your body to address the root cause of the problem.

There will also be plenty of time for questions.

To register, scan the QR code, visit sharp.com/sleepwebinar

or call 1-800-82-SHARP (1-800-827-4277.)

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